

# **Run for Snacks 5k**

**July 1, 2017**

Race begins @ 9:00 am

Register Online at **TristateRacer.com**

Proceeds benefit Alderson Elementary and Greenbrier County Snacks In Packs Programs.

## **Course Information**

The course begins at the Alderson Memorial Football Field and follows a scenic route which

captures the beauty of the Greenbrier River through the heart of historic Alderson.

Participants should prepare to be challenged.

## **REGISTRATION**

Pre-Registration: (Before June 1) - \$20 (*Must register by June 1, 2017 to be guaranteed a T-Shirt*)

Late Registration and Race Day - \$25

## **Awards:**

Prizes awarded to top 2 male/female in each group and overall male/female

**Age Groups:** Under 10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

Please fill out the form below and mail with remittance to:

**Run 4 Snacks**

**P.O. Box 275**

**Alderson, WV 24910**

Make checks payable to: Alderson Snacks in Packs

## **Contact Information:**

Phyllis Auvil [auvilphyllis@hotmail.com](mailto:auvilphyllis@hotmail.com)

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## Run for Snacks 5K Registration Form

\_\_\_\_\_  
First Name:

\_\_\_\_\_  
Last Name:

\_\_\_\_\_  
Apt #: \_\_\_\_\_

\_\_\_\_\_  
Mailing / Street Address

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Age: \_\_\_\_\_

Gender: Male Female

Shirt Size: S M L XL XXL

\_\_\_\_\_  
Signature (Parent if under 18)

\_\_\_\_\_  
Date

ALL APARTICIPANTS MUST SIGN ENTRY FORM

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this even, including but not limited to falls, contact with other participants, the effects of weather, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this wavier and knowing these facts, and in consideration of the acceptance of my entry, I for myself, and anyone entitled to act on my behalf, waive and release Run for Snacks 5k, race officials, volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.